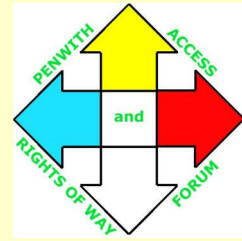


A Circular Walk around the footpaths and bridleways of Perranuthnoe 6.5 miles



A Walk around Perranuthnoe using footpaths, bridleways and quiet lanes to see the beautiful countryside and coast.

The walk starts from a small parking area alongside Marazion Cemetery. It follows and loops around the Parish of Perranuthnoe. It returns along the South West Coast Path and gives walkers the opportunity to enjoy Perranuthnoe's lovely beach.

The walk follows a section of the Coast Path and has a number of stiles and gates, and is steep in places so requires a reasonable level of fitness to complete. The route is approximately 6 to 7 miles long. There are toilets available during opening hours in the Car Park at Perranuthnoe and refreshments are available from the 'Cabin' close to Perranuthnoe beach. There is also a pub and a number of shops in Perranuthnoe village.

Penwith Access and Rights of Way (PAROW)

Penwith Access and Rights of Way - this is a local community based organisation working with a wide range of partners including the West Cornwall Local Action Group and Cornwall Council to improve access to the countryside for both local people and visitors, with a particular interest in access to Penwith's diverse collection of Ancient and Historic Sites. It also aims to help encourage tourism for the benefit of local businesses and to offer people the opportunity to carry out practical conservation tasks.



View of St Michaels Mount from the Coast path of Perranuthnoe.



The European Agricultural Fund for Rural Development:
Europe investing in rural areas



Department for Environment, Food and Rural Affairs



South West RDA

CORNWALL
DEVELOPMENT COMPANY



Marazion (Cemetery Car Park GR SW530305) to Perranuthnoe Village

From the parking area alongside Marazion Cemetery, walk uphill and turn right down a lane alongside the Cemetery wall. Follow the lane down hill, and bear left at a Way Marker Post to follow a grassy track. At a junction with another Way Marker Post, turn left again and follow the grass track. The path runs parallel to the sea and offers tremendous views of St Michaels Mount and the Bay. You then head down hill passing another Way Marker Post to reach a gate. Pass through the gate, then through a second gate, and continue ahead crossing three stiles as the path climbs steeply up hill. At a fourth stile climb left out of the field and onto a track and turn right to continue along the track. Follow the way marker post to descend to reach a tarmac road and Perranuthnoe Village. The main village is just to the south where you will find the Victoria Inn and other places of interest to visitors.

Perranuthnoe

In this small and ancient village the main point of interest is the church which is a short way from the The Victoria Inn and the Lynfield Craft Centre. The picturesque church is dedicated to St.Piran, the patron saint of Cornwall and it stands on the site of another much older church thought to date from around 1160.



Some parts of the old church were included in the later building, in particular the old font which can still be seen and the interesting Norman stone heads that surround the doorway.

Perranuthnoe is recorded in the Domesday Survey of 1086, and evidence has been found to suggest that the area has been settled since the Bronze Age (2000 to 800 BC) and certainly during Roman times.

St Michaels Mount, which is visible from most of the walk is now owned by the National Trust but is still home to the St Aubyn family. The Island, dominated by its Medieval Church and Castle is accessed by a causeway at low tide and by boat at other times. There is still a small community of islanders living on the Mount and it has a lovely subtropical terraced garden



Perranuthnoe to Perran Downs

Follow the road to the left and leave Perranuthnoe on the road that leads up to join the main A road. After approximately 100 yards turn right on to a footpath at a Way Marking Post, pass through a gate and continue up hill. Pass a further Way Marking Post and at the top of the hill, at a junction of footpaths, turn left and follow the field boundary to pass through a gate onto a track through Ednovean Farm. Follow the track for approximately 100 yards and then turn right onto a small footpath climbing up hill in front of a green garage. Cross a wooden plank, then a stile, turn left and follow the path ahead. Continue between fields following Way Marking Posts to reach the main Penzance to Helston road.

Turn right and follow the road side path for approximately 100yds, then cross the road after the House (Croft Mason), and follow the Footpath across a field. Cross a stile then continue on a narrow path to cross a further stile onto a road. Turn right then immediately left following the Bridleway sign up a farm track. Pass a house on your right and continue ahead to a junction of bridleways. Turn left and continue ahead and at another junction continue ahead again. After some distance, passing disused buildings on your right, you reach some small industrial units. After the units, turn right and follow the bridleway track to reach a tarmac road. Follow the road ahead and at a junction turn right on to the larger road (Perran Downs Lane), Ignore the turn to Well Lane and continue along the road for approximately 200yds. Then turn left into Grove Lane (bridleway) and follow the track ahead until it reaches another tarmac road. Don't join the road but turn acute right following the bridleway sign.

Looking back over to the village of Perranuthnoe and its Church with St Michaels Mount in the background



Perran Downs to Trebaravh Farm

From Perran Downs follow the bridleway track to reach the road. Cross this road into Johns Corner and follow the road straight ahead through houses to reach the main Helston to Penzance road. Cross the main road take the bridleway (signed, and nearly opposite) which takes you to Chiverton Farm. Follow the bridleway through the farm and go through the farm passing through the farm and shortly after turn right at a Way Marking Post to cross a granite stile. (Do not follow the track around to the left.) Follow the right hand field boundary then bear left to cross stile into the next field. Follow the path along the left hand side of this field to reach a further stile. Cross into the next field, bearing left, pass over another stile then bear right and continue ahead over a further stile and a gate into the farm yard at Trebarvah.

From Trebarvah there is a lovely view over Mounts Bay towards Penzance an Newlyn and Mousehole.

Looking from
Trevarbah
Farm across
Mounts Bay
towards
Mousehole



Trevarbah Farm to Perranuthnoe (Coast)

Turn left and follow the vehicle track down hill and after approximately 100 yards turn left at a Way Marker Post and continue ahead through a gate then down hill to reach the Coast Path. Turn right on the Coast Path towards Perranuthnoe. The path runs along Trebarvah Cliff and then passing through a wooden gate goes slightly inland behind Perran Sands Beach, emerge onto a track which reaches the car park at Perranuthnoe. There is a refreshment cabin below the car park where light snacks and ice creams are available.

You can also enjoy a well earned rest on the beach before returning to Marazion.

Perranuthnoe (Coast Path) and Return to Marazion

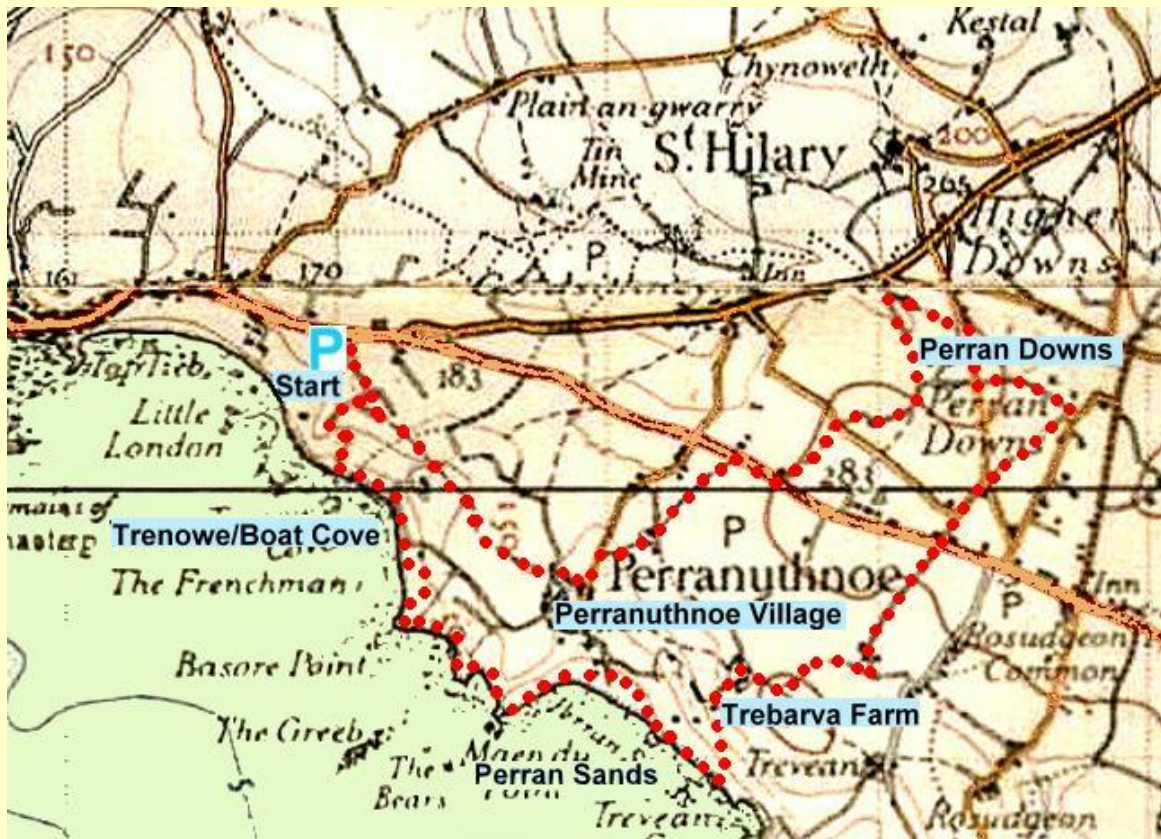
From the car parking area follow the coast path signs to cross a stile. Continue ahead, passing benches on a headland, and after some distance follow the Coast Path signs inland to emerge onto a track. Turn left and descend into Trenow Cove (or Boat Cove) then follow the small path up steps to the right. Follow the path and before wooden steps and a stile, turn right and follow the field boundary up hill. The path bears left then right and eventually climbs back and rejoins the lane from Marazion Cemetery and the start of the walk



Above and below the beach at Perranuthnoe



MAP



For Detailed Map Please Use OS Explorer 102

Also see Map displayed on PAROW Web Site
www.parow.org.uk

